

Complimentary - Winter 2009-10 - www.SouthBrunswickMagazine.com

SOUTH BRUNSWICK MAGAZINE

Life in Southern Brunswick County, NC

Making Exercise a Priority

Meet Sunset Beach Philanthropist Dinah E. Gore

Coastal Horizons Center Opens in Shallotte

> Warming up with Brunswick Stew

Locals Serving Others: -Widow's Mite Experience -Comfort Socks

table of contents



59

In Every Issue

- 12 Publisher's Note: By Justin Williams
- 14 What's Happened: What's been going on around town.
- 18 Business Buzz: Keeping up with the local business scene.
- 20 What's Happening: Upcoming events you won't want to miss.



PHOTO BY SUZY KIN

Features

34_{-}

BILLY JASON FRYE

HILARY BRADY

In Step with Dinah Gore

The woman behind the new Dinah E. Gore Fitness and Aquatics Center at BCC

52

62

Widow's Mite Experience

Where There's a Will, There's a Well

- 56 Faces & Places:
 8th Annual Benefit Gala for Children; BCC Foundation Donor Appreciation Luncheon; and Prom Runway Fashion Show at Island Breeze.
 - Tide Charts: Tracking the high and low tides at Shallotte Inlet from January through March.
- 65 Ad Index: Our directory of advertisers.
- 66 Capture the Moment: A photo contest for South Brunswick Magazine readers. Photo by Richard Gemach

Departments

around town

Warm up Your Belly at the Brunswick Stew Cook-off. By Hilary Brady

26 home building

The Pascholds: Building Their Dream Beach House was a Breeze. By Heather Lowery

30 health & fitness

Making Exercise a Priority in 2010. By Cindy Hoskins Black

40 new construction

Coastal Horizons Center: Turning Lives around in Brunswick County. By Hilary Brady

44 oak island life

How to be an Oak Island Gourmet. By Brian L. Lichorowic

48 nonprofit

Heart & Sole: Comfort Socks' Organizer Theresa Tese. By Dawn Lee Wakefield

with Dinah Gore

STORY BY BILLY JASON FRYE PHOTOGRAPHY BY RONNIE HOLDEN

Sunset Beach's Dinah Gore is one happy woman. She's got a happy heart after celebrating 50 years of marriage to her husband, Ed Gore. She's got a happy spirit after seeing her (and her husband's) donations help build the Dinah E. Gore Fitness and Aquatics Center at Brunswick Community College (BCC). And she's got happy feet after winning her second consecutive Dancing with the Brunswick Stars competition and helping raise money for the BCC Foundation in the process.

A lifetime of philanthropy and community-minded charity work has left an indelible smile etched on Gore's face.

"I've always been a giver and a helper," Dinah says. "In fact, helping is how I met my husband, Ed."

Dinah was living in Kinston, N.C., at the time, working as a banker and living above her landlords' photo studio. On weekends, she and her roommate would visit Topsail Island with their landlords. That's where she met Ed.

"The very first time I saw him, I had to help the poor man," she says with a chuckle. "He was hopping around in the dunes, trying to get a sandspur as big as a blackberry out of his foot. His girlfriend was there, but I didn't know that at the time. She was just standing there watching, didn't lift a finger to help. I marched right over and pulled out that sandspur. I guess I made quite an impression."

Left: Sunset Beach philanthropist and business woman Dinah Gore is light on her feet as she wins her second consecutive Dancing with the Brunswick Stars competition.



Left to Right: 1) Dinah Gore in front of the 55,000-square-foot fitness center she helped fund; 2) Sharon Thompson, Mike Capaccio, Dr. Stephen Greiner and Dinah and Ed Gore at the grand opening of the new fitness facility; 3) Dinah and Ed Gore cut the ribbon at the fitness facility opening; 4) Dinah and Ed Gore at home in Sunset Beach.

The next week a newly single Ed showed up at the bank to ask her out. "We went on a date and the rest is

history," Dinah says.

At the time she didn't know what kind of history they'd be writing together or what kind of legacy they'd leave in their wake.

"Dinah's a wonderful woman," says Mike Capaccio, Director of Development at Brunswick Community College. "The generosity she and her husband have shown is tremendous. Their giving has had quite an impact on the students, faculty and facilities here."

The newest facility on the Brunswick Community College campus is the 55,000-square-foot Dinah E. Gore and volleyball courts, seats more than 1,500 spectators and is the new home arena for BCC's sports teams, the Dolphins. The swimming pool there is the county's first publicly owned swimming pool. This communityoriented facility offers memberships to anyone in the region, regardless of their status as a BCC student. All this is in large part due to the generosity of Dinah Gore.

"She saw a need and she met it," says Capaccio of Dinah's generous gift. "The fitness center is already an asset to the student body and the Brunswick County community."

The donations to build the fitness



Community College Foundation over the last two years. By serving her community in such a strong way, it's no wonder people find her to be an inspiration.

"Dinah wants to serve her community, and by doing that she becomes a role model," Capaccio says. "She genuinely wants to help these students gain the knowledge and abilities that will enable them to achieve the same level of success she has found."

The Gores have found a great deal of success in Brunswick County over the last 50 years. Rising from humble farming families, both Dinah and Ed have worked hard and smart to attain what they have now. After a stint in the military that took him to the Soviet Union and Japan, Ed rejoined his family and began working for

"She saw a need and she met it."

Fitness and Aquatics Center, featuring a pool, a fitness center, an aerobics studio, a gym and an elevated running/walking track. The 9,000-square-foot gymnasium has three NCAA–regulation basketball center are only part of the Gores' giving to BCC. Through her participation in Dancing with the Brunswick Stars, Dinah and her fellow dancers have raised more than \$500,000 for the Brunswick his father, Mannon Gore, at Sunset Beach and Twin Lakes, Inc. Together they developed Sunset Beach, molding it into what it is today. In 1959 he married Dinah and she jumped into the Gore family



business with both feet.

Subsequently, Ed and Dinah purchased the company from Ed's father, dove into their philanthropic work, helped found the Sea Trail resort and Ocean Ridge Plantation, and continued to develop Sunset Beach.

"We still sell oceanfront lots, but we sold out of the thousand-dollar lots a long time ago," Dinah jokes. "Ed and I were fortunate that his father had the foresight and mettle to take the chance and leave his farm for a real estate office. We worked

hard at our businesses for years and years and now we have time to give back."

As the new fitness and aquatics center at BCC shows, the Gores put their money and time where their mouths are.

They gifted two Sunset Beach lots to N.C. State University a few of years back, and the proceeds from selling the lots funded scholarships, endowments and 4-H programs at N.C. State. Their

donations to the General H. Hugh Shelton

philanthropic seed worldwide.

Campbell University, where Ed began his college career, has been the recipient of gifts from the Gores for many years. The football field is named for Ed; the arena in the new convocation center is named for their late son, Gilbert Craig Gore; the Gore Center for Servant Leadership prepares Campbell students









Dinah's twice-weekly, hour-long ballroom dance lessons have paid off at the Dancing with the Brunswick Stars event the last two years. She's won. Twice. The proceeds from the event go to the Brunswick Community College Foundation to provide scholarships and funding to the students of BCC, making the event a worthy and fun cause.

"I love to dance, I always have," Dinah says. "When I was a little girl, I'd see Fred Astaire and Ginger Rogers dance across a room and I wanted to be able to do that."

Dinah and Ed danced in the first Dancing with the Brunswick Stars event and enjoyed themselves tremendously.

"Dancing feels like you're floating, even more so when you know people are watching," Dinah says. "That feeling is multiplied when you know you're helping someone out by doing something so fun."

Dinah has no plans of slowing down. She dances twice a week, in part for the fun and fitness aspect and in part to prepare for the next Dancing fund-raiser. She and Ed continue to operate their businesses, and their work with area

> boards and foundations keeps them busy. And they're always looking for a way to help better the county and state they love.

Above: Dinah with dancing partner Paul McTaggart at Dancing with the Brunswick Stars.

for a life of charity and philanthropy; and the new bell tower at the university's Robert B. and Anna Gardner Butler Chapel is named in honor of Dinah.

"It does my heart good to give, it fills me with cheer, with joy," says Dinah. "Ed and I are blessed to be able to give generously and impact a lot of lives. I hope the Gore Center for Servant Leadership will have a generations-long impact. I hope the fitness and aquatics center and the scholarships we've helped provide Brunswick Community College really change peoples' lives."